

Interview with Mom

My Mom's Name: _____ Date: _____

Interviewer Name: _____

1. Do you recall when you learned you were going to become a Mom how you felt? Where you were, and who did you tell?

2. Tell me about the day of my birth. What were you doing? Did you know that I was going to be born that day? How did it all unfold?

3. Do you remember seeing me for the first time? What did you think? What did you feel?

4. How did becoming a Mom change your life?

5. What were your toughest times in your role as a Mom? What helped you get through them?

6. What have been your happiest times as a Mom?

7. What have you learned about yourself from your role as a mother?

8. What is your best hope for your children?

9. What is your hope for yourself?

10. What is the most important piece of wisdom you can pass on to your children?