Problem-Solving with the Family Peace Rose

**Step One.** Breathe in the sweet smell.

**Step Two.** Take turns sharing feelings and the problem.

I feel ________________________ (insert feeling)
when you _______________________________
because ________________________________.

**Step Three.** Come up with ideas.

How can you work it out? What ideas can you agree on?

**Step Four.** Try it out.

Try it. If it doesn’t work, return to the Peace Rose and come up with another idea together.

**Step Five.** Think about it.

How did it go? Did it work?